



Smoke-Free Homes Network Malaysia (SFHNM) First meeting Welcome

Dr Sean Semple and Dr Emilia Abidin



Meeting rules



- Please mute yourself unless you wish to speak
- Use the chat function to indicate you have a question or raise your hand
- We hope we can leave the video function switched on but if audio becomes poor we may switch videos off
- Please use twitter to post about the network #MyFamilyMySmoke



Plan for this session



- Welcome and summary of MFMS project – Sean and Emilia (10 minutes)
- Using measurements to create smoke-free homes
 - REFRESH – Sean (10 minutes)
 - First Steps to Smoke-Free – Rachel (10 minutes)
 - TACKSHS – Ruaraidh (10 minutes)
 - Questions - (10 minutes)
- Introductions and discussion time – Emilia (25 minutes)
- Plans for future network meetings – Azmina (10 minutes)
- Summing up – Sean and Emilia (5 minutes)



Who I am



Dr Sean Semple

University of Stirling

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Interests: measuring exposure to hazards; tobacco control; using exposure information to change behaviour

Smoke-free homes work for 15 years



Who I am



Dr Emilia Abidin

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Interests: Exposure assessment,
tobacco control, air pollution, OSH
Management System and biomarker



Why is this important?



- Second-hand tobacco smoke (SHS) is a major cause of global ill-health with an estimated 900,000 attributable deaths per year.
- SHS causes harm to the health of children, and work to encourage parents to make the home smoke-free is an important public health measure.
- Large difference in smoking by gender in Malaysia (48% men; 2% women)
- Malaysian National Health and Morbidity Survey of 21,445 adults indicated that 37.9% of adults report being exposed to SHS at home.



Smoke-free homes workshop Kuala Lumpur May 2018



**SMOKE FREE HOMES
WORKSHOP**

7-9 May 2018 | Kuala Lumpur



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To

The Kuala Lumpur Charter on Smoke-Free Homes

Posted on June 25, 2018 by Becky Freeman, Web Editor

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MBBS, Ismail N⁵ Ph.D., on behalf of the participants of the Smoke-Free
Homes Workshop (Kuala Lumpur, 7-9 May 2018)*



For more information see @SFHWorkshopKL

In accordance with [article 8 of the Framework Convention on Tobacco Control](#), governments, health practitioners and wider society all have a duty to protect non-smokers from the harms caused by second-hand tobacco smoke (SHS) exposure. Considerable attention over the past two decades has been given to implementing smoke-free public spaces and workplaces in many countries. However, there is the risk that the tobacco control and wider public health research community now wrongly perceives that the 'SHS exposure problem' has been successfully resolved and no longer requires international attention. It is possible that this has caused a widening in exposure inequality with adults in countries where smoke-free laws are



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MyFamily MySmoke project



- WP1: collect qualitative data to increase our understanding of smoking in the home in Malaysia. Who smokes, when, where and why?
- WP2: develop case studies to show the journey of people who protect their families from SHS
 - campaign of media engagement with Malaysian based NGOs using these real-life examples to increase public awareness of the health benefits of providing a smoke-free home.
- WP3: establish a Malaysian Smoke-Free Homes network of academics, policymakers and NGOs to develop capacity.





Welcome!



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